

# MANUAL SMALL INCISION CATARACT SURGERY SIMULATION-BASED TRAINING COURSE

#### **OBJECTIVE**

This simulation-based training course is designed to develop and enhance MSICS surgical skills. Trainees receive over 24 hours of practice on the HelpMeSee Eye Surgery Simulator. The course covers all surgical steps required to complete the MSICS procedure and includes the interactive MSICS eBook. It is beneficial for those interested in developing competency or improving existing MSICS surgical skills.

# Course ideally suited for:

- Ophthalmology residents or fellows in process of learning or improving their MSICS skills
- Practicing ophthalmologists who want to learn or improve their MSICS skills
- Surgeons wishing to transition from Extracapsular Cataract Extraction (ECCE) to MSICS

#### The course is reserved for:

- Ophthalmology residents
- Practicing and senior ophthalmology surgeons
- Healthcare professionals authorized by their country to practice ophthalmology



#### **DURATION**

4 days



# **SUPERVISORS**

Our simulation courses are led by certified instructors



#### **TERMS**

- Completion of a form to better know the participant's experience
- Access to e-book
- E-learning and/or pre-tests to be done before the onsite course
- No score is eliminatory
- Practical sessions on the simulator with assessments after each module
- Certificate of completion and satisfaction survey



#### **ACCESSIBILITY**

 Accessible premises and services adapted for people with disabilities. To take part in the courses, please contact the organisation's disability advisor



#### **PEDAGOGY**

- The training is participative, alternating theoretical classroom sessions with practical sessions on the simulator
- Course language: French and/or english



# **SUPPORT**

Access to e-book for 1 year



### **ASSESSMENT**

- The knowledge acquired will be evaluated by assessments at the end of each chapter.
- Overall satisfaction will be assessed at the end of the course.



# **CERTIFICATION**

Every participant will receive a certificate of completion at the end of the course.



# TRAINING COSTS

- Please contact us for more information about the price.
- Lunch and coffee breaks are included in the final price.

| DAY 1 |  |  |
|-------|--|--|
| 08:30 | EXPLORA: Welcome   |  |
| 09:00 | MSTC eLearning Course and Assessment                     |  |
| 09:30 | MSTC Introduction and Simulator Orientation              |  |
| 10:15 | Scleral Groove: Simulator                                |  |
| 10:45 | Scleral Groove: Debrief                                  |  |
| 11:45 | Tunnel Dissection: Central & Lateral: Simulator          |  |
| 12:45 | Tunnel Dissection: Central & Lateral: Simulator: Debrief |  |
| 13:30 | LUNCH — LE PETIT CAFE                                    |  |
| 14:30 | Paracentesis and Visco Injection: Simulator              |  |
| 15:15 | Paracentesis and Visco Injection: Simulator: Debrief     |  |
| 16:45 | Keratome Entry and Extensions: Simulator                 |  |
| 17:00 | Keratome Entry and Extensions: Simulator: Debrief        |  |
| 18:00 | END OF DAY   |  |

| DAY 2 |   |  |
|-------|---|--|
| 08:15 | EXPLORA: Welcome  |  |
| 08:30 | Module A - Assessment                                       |  |
| 09:00 | Module A - Assessment Debrief                               |  |
| 10:00 | Capsulorrhexis: Simulator: Part 1                           |  |
| 11:00 | Capsulorrhexis: Simulator: Part 2                           |  |
| 11:15 | Capsulorrhexis: Simulator: Debrief                          |  |
| 13:00 | LUNCH — LE PETIT CAFE                                       |  |
| 14:00 | Hydrodissection and Nucleus Dislocation: Simulator          |  |
| 14:45 | Hydrodissection and Nucleus Dislocation: Simulator: Debrief |  |
| 15:30 | Nucleus Delivery: Simulator                                 |  |
| 15:45 | Nucleus Delivery: Simulator: Debrief                        |  |
| 16:15 | Module B - Assessment (2:00)                                |  |
| 16:45 | Module B - Assessment Debrief                               |  |
| 17:00 | END OF DAY  |  |

| DAY 3 |   |  |
|-------|---|--|
| 08:15 | EXPLORA: Welcome                              |  |
| 08:30 | Cortex Removal: Simulator                     |  |
| 09:15 | Cortex Removal: Simulator: Debrief            |  |
| 09:30 | IOL Insertion and Dialing: Simulator          |  |
| 10:00 | IOL Insertion and Dialing: Simulator: Debrief |  |
| 11:45 | LUNCH — LE PETIT CAFE                         |  |
| 13:00 | Corneal Hydration: Simulator 2:00             |  |
| 14:30 | Corneal Hydration: Simulator: Debrief         |  |
| 14:45 | Module C & D - Assessment (2:00)              |  |
| 15:15 | Module C & D - Assessment Debrief             |  |
| 15:30 | END OF DAY                                    |  |
| 19:00 | DINER WITH THE TEAM                           |  |

| DAY 4 |  |  |
|-------|--|--|
| 08:15 | EXPLORA: Welcome   |  |
| 08:30 | Cortex Aspiration - Debrief  |  |
| 09:30 | Cortex Aspiration - Debrief  |  |
| 09:45 | Foldable IOL Insertion & Dialing: Classroom                                    |  |
| 10:15 | Foldable IOL Insertion & Dialing - Simulator                                   |  |
| 12:15 | Foldable IOL Insertion & Dialing: Debrief                                      |  |
| 12:30 | LUNCH — LE PETIT CAFE  |  |
| 13:30 | Hydration of Wounds: Classroom   |  |
| 14:00 | Hydration of Wounds: Simulator   |  |
| 15:00 | Hydration of Wounds: Debrief   |  |
| 15:15 | Module D & E - Cortex Aspiration, IOL Implantation, Wound Hydration (Discrete) |  |
| 17:15 | Module D & E - Cortex Aspiration, IOL Implantation, Wound Hydration (Debrief)  |  |
| 17:30 | Global debrief, conclusion and certification                                   |  |
| 18:00 | END OF DAY   |  |





# LEARN MORE ABOUT THE COURSE

https://helpmesee.org/mstc/

European cataract surgery simulation Center

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